



Board of Health

Adams County: Lochland Country Club, 601 W. Lochland Road, Hastings, NE

March 7, 2018 8:30 a.m. (Light Breakfast available at 8:15 am)

AGENDA

Apprx. Time	Topic, Lead Person	Expected Outcomes
8:30 (4')	Welcome & Opportunity for Public Comment - Chair	<ol style="list-style-type: none"> 1. Meeting Call to Order, Open Meeting Statement 2. Introductions / Roll Call 3. Approve Agenda 4. Public Comments
8:34 (1')	January 3, 2018 Board Meeting Minutes – Chair	Approve Minutes of January Meeting – Board Action
8:35 (10')	Finances – Exec. Dir. Administration/Management - <i>PHAB Domain 11, SP Goal 4</i> <ul style="list-style-type: none"> • Financial Report • Line of Credit Update • Grants/Funding Status/ Contracts/Subawards Status 	<ol style="list-style-type: none"> 1. Accept Financial Report – Board Action 2. Awareness of financial health /funding sources/ budgetary needs
8:45 (5')	Committee Reports: Public Health Awards – P. Meyer <ul style="list-style-type: none"> • Resolutions #2018-3, #2018-4 - Public Health Community Health Service Awards <i>Governance – PHAB domain 12; ES 5; BOH Core Functions</i>	<ol style="list-style-type: none"> 1. Approve Resolutions #2018-3 and #2018-4 – Board Action
8:50 (15')	Committee Reports: Policy Committee – P. Meyer <ul style="list-style-type: none"> • Revisions HR104, HR200, HR204 • BOH Position Statements Policy • SHDHD Strategic Plan 2013-2017 – Extension of effective date through March 2019 	<ol style="list-style-type: none"> 1. Aware of policy revisions – Informational 2. Adopt BOH Position Statements Policy – Board Action 3. Extend Strategic Plan effective date – Informational
9:05 (25')	Annual Meeting Business – Chair N. Shackelford <ul style="list-style-type: none"> • Public-spirited Board member appointments; Review Board Member terms - Chair • Professional Representative appointments: Physician appointment will be needed in May • Officer Elections – Nominating Committee (M. Kleppinger) • Committee Assignments – Chair • Draft 2017 SHDHD Annual Report – Exec. Director • Board meetings evaluation – SurveyMonkey link will be provided <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> 1. County Board Appointments to BOH – Informational 2. Physician Representative Suggestions 3. Officer Elections – Board Action 4. Approve Board Committee Assignments for March 2018-March 2019 – Board Action 5. Approve Annual Report – Board Action
9:30 (15')	Break (10 min) & Board “Thank You”s	Refreshment / Stretch & Move!
9:45 (10')	Bi Monthly Report on 10 Essential Services from Staff <i>Governance – PHAB Domain 12; All Essential Services</i>	<ol style="list-style-type: none"> 1. Board is able to describe activities of the Department 2. Accept Bi-Monthly Report – Board Action
9:55 (5')	Communications from Exec. Director <ul style="list-style-type: none"> • Executive Director’s Report Q and A <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> 1. Latest updates on key issues, work plan updates, etc. (Workforce development plan update; follow ups from last Board meeting; Satellite offices update)
10:00 (10')	Communications from Board Members - Chair Announcements/Upcoming Events – All (see next page) <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> 1. SALBOH update –J Reimer 2. Board members share their community/county public health activities/issues and community or professional meeting briefs and legislative days – All Board Members
10:10 (45')	Accreditation Update – J. Johnson, Accreditation Coord. <ul style="list-style-type: none"> • Accreditation Process status, next steps – J. Johnson, Accred Coord. • <u>Accreditation Site Visit Training for Board of Health</u> – Pat Lopez, PHAB Site Visitor (she is not one of our site visitors) <ul style="list-style-type: none"> ➢ Review the Site Visit Process ➢ The Board Interview ➢ Debriefing <i>(multiple Essential Services; PHAB Domain 12)</i>	<ol style="list-style-type: none"> 1. Board is able to describe Department’s progress along the Accreditation timeline. 2. Board understands roles of board and expected activities during PHAB Accreditation Site Visit
11:00	Adjourn	Board Action (<i>Next Meeting – May 2, 2018, in Webster County</i>)
11:30	Annual Luncheon & Public Health Awards - Lochland	Board recognizes contributions of our partners to public health improvement
1:30	ACES and Developmental Assets Workshop - Lochland	Free Workshop on Adverse Childhood Experiences and the 40 Developmental Assets



SHDHD Calendar

Board Members - Please consider attending and/or helping us promote these upcoming events and observances:

1. **March is Colorectal Cancer Awareness Month!** – Promote regular colon cancer screening to your family, friends and neighbors in your communities.
2. **Skin Cancer Prevention** – All year ‘round! South Heartland has higher skin cancer rates than Nebraska overall. Some people are more at risk for skin cancer – but skin damage from the sun’s ultraviolet (UV) rays, in the form of sun burn, increases everyone’s risk. Tanning is also a type of skin damage – no tan is a safe tan. Promote sun safety all year round – especially in children, adolescents and young adults.
3. **National Public Health Week is April 2-6:** - *Everyone deserves to live a long and healthy life in a safe environment. To make this happen, we must tackle the causes of poor health and disease risk among individuals and within our communities. Where we live, work, worship and play impacts each of use and can determine our health and how long we live. In the workplace, let's partner across public and private sectors to make sure decisions are made with the public's health in mind. Within our communities, let's start new conversations with our neighbors and be advocates for positive change. Working together, we can build healthier communities and, eventually, the healthiest nation. Daily public health topics: Behavioral Health, Communicable Diseases, Environmental Health, Injury & Violence Prevention, Ensuring the Right to Health. (<http://www.nphw.org/nphw-2018>)*
4. **Influenza Prevention:** Get your flu shot and encourage everyone you know to get theirs, too! It continues to be a bad flu season, with influenza still affecting people in our district every day. Help protect those who are more at risk of complications and death from flu by always practicing and promoting good hygiene and encouraging people to stay home when they are sick. Help us promote getting the flu shot, not the flu!
5. **The 100th Anniversary of the Great Influenza Pandemic of 2018** – *The influenza pandemic of 1918-1919 killed more people than the Great War, known today as World War I (WWI), at somewhere between 20 and 40 million people. It has been cited as the most devastating epidemic in recorded world history. More people died of influenza in a single year than in four-years of the Black Death Bubonic Plague from 1347 to 1351. Known as "Spanish Flu" or "La Grippe" the influenza of 1918-1919 was a global disaster. An estimated 675,000 Americans died of influenza during the pandemic, ten times as many as in the world war. Sometimes call the "Spanish flu", a first wave of this influenza appeared early in the spring of 1918 in Kansas and in military camps throughout the US. (Accessed 12.20.17, <https://virus.stanford.edu/uda/>)*
6. **Diabetes Prevention:** Ongoing: ‘Smart Moves’ Classes (Evidence-based [Diabetes Prevention Program](#)) – Share the brochure and Refer people who might be eligible! Free informational classes every 2nd Thursday at 5:30 each month at SHDHD and on demand in other counties. SHDHD’s program recently received Recognition status from the CDC!
7. **Falls Prevention:** Tai Chi and Stepping On classes – find out when the next classes will begin in your county!
8. **Vital Signs Health Fair** – March 24-25, 2018 – 7:00 am – 12:00 pm, Adams County Fairgrounds
9. **Webster County Health Fair** – April 14, 2018
10. **Nuckolls County Health Fair** – April 21, 2018
11. **Accreditation Site Visit** – April 18-19, 2018
12. **May Board Meeting** – May 2, 2018, Webster County

Open Meeting Compliance:

- Prior to this meeting a notice was posted in the newspapers in Adams, Clay, Nuckolls, and Webster Counties and that each member of the Board received a copy of the proposed agenda. The agenda for this meeting was kept continuously current and was available for public inspection at the South Heartland District Health Department, 606 N. Minnesota Ave, Suite 2, Hastings, Nebraska. This meeting is being held in open session.
- A copy of the Nebraska Open Meeting Law has been posted in this meeting room and is available for the public's review.

South Heartland's Guiding Principles:

- We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Board of Health Principles of Good Faith*:

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| <ul style="list-style-type: none"> ➤ Regularly attend and actively participate in board of health and committee meetings. If unable to attend, be able to provide a valid excuse for absence. ➤ Ensure that time at board of health meetings is set aside for updates on public health problems and what the health department is doing, or needs to do, in regard to such challenges. ➤ Have a thorough knowledge of the duties and provisions found in the bylaws and charter of the organization. ➤ Involve others in health department functions and funding efforts, special events, and activities to promote and support programs and services. ➤ Heed corporate affairs and keep informed of the central activities and operations of programs. | <ul style="list-style-type: none"> ➤ Support majority opinions of the board. ➤ Advocate for public health by communicating regularly with community leaders and elected officials about perceived needs and possible resources. ➤ Ensure minimum statutory or technical requirements are met regarding filing annual report, withholding employee taxes, etc. ➤ Record personal conduct and register dissents in the minutes, or by letter. ➤ Avoid any semblance of self-dealing or enrichment; discourage any business transactions between directors and the organization. ➤ Accept no pecuniary profits except that which is expressly provided in compensation or reimbursement within the bylaws or laws of the city, county, and state. |
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*Board of Health Handbook, page 32

South Heartland District Health Department Strategic Plan 2013 - 2017

Vision: Healthy people in healthy communities

Mission: The South Heartland District Health Department is dedicated to preserving and improving the health of residents of Adams, Clay, Nuckolls and Webster counties. We work with local partners to develop and implement a *Community Health Improvement Plan* and to provide other public health services mandated by Nebraska state statutes.

Guiding Principles:

- ❖ We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- ❖ We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- ❖ We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

Goals and Priority Activities:

- 1. Provide leadership implementing the *Community Health Improvement Plan (CHIP)***
 - A. Monitor implementation of the plan and success achieving targeted outcomes, encouraging the use of evidence-based practices and reliable, accurate and timely measures and data
 - B. Work with partners to raise the visibility of the plan in our communities
- 2. Increase community engagement in the work of the South Heartland District Health Department (SHDHD)**
 - A. Identify “hearts/hubs” of small communities (places, events, and community leaders) and engage with them to collect feedback about health needs as well as to promote programs
 - B. Maximize the impact of board meetings by selecting visible community meeting sites, including a “Public Comment” agenda item and personally inviting local leaders to share their perspectives
 - C. Send clear, concise information to elected community officials on important public health legislation/issues at least once a year
- 3. Increase the Board’s capacity to perform core functions of public health governance**
 - A. Assess board members’ strengths, expertise and connections and use them effectively to further the work of the SHDHD
 - B. Provide brief training sessions at the end of three regularly scheduled board meetings and require members to participate in at least two training sessions per year
- 4. Assure sufficient resources to provide services**
 - A. Monitor legislative actions that could reduce Health Care cash fund and changes in funding streams related to the Affordable Care Act and other federal and state mandates
 - B. Continue focus on quality improvement and increasing operational efficiencies while providing staff and board members with the tools and training needed to do their work
 - C. Monitor SHDHD programs and services to identify where changes need to be made (reductions or expansions)
 - D. Assess sustainability when evaluating growth opportunities