



**Board of Health**

**Nuckolls County:** Salem Lutheran Church, 7 miles South of Nelson, NE

January 3, 2018 8:30 a.m. (Light Breakfast available at 8:15 am)

AGENDA		
Apprx. Time	Topic, Lead Person	Expected Outcomes
8:30 (4')	Welcome & Opportunity for Public Comment - Chair	<ol style="list-style-type: none"> <li>1. Meeting Call to Order, Open Meeting Statement</li> <li>2. Introductions (New Member)/ Roll Call</li> <li>3. Approve or Amend Agenda</li> <li>4. Public Comments</li> </ol>
8:34 (1')	November 1, 2017 Board Meeting Minutes – Chair	Approve Minutes of November Meeting – <b>Board Action</b>
8:35 (25')	Introduction of Local Community Leader by Executive Director <i>Strategic Plan Goal 2B: Increase Community Engagement</i>	Board shares local public health needs and successes, learns about Nuckolls County health concerns and successes. Guest: Chief Perry Freeman, Superior Police Department <i>(pending confirmation)</i>
9:00 (5')	Finances – Exec. Dir. Administration/Management - <i>PHAB Domain 11, SP Goal 4</i> <ul style="list-style-type: none"> <li>• Financial Report</li> <li>• Line of Credit Update</li> <li>• Grants/Funding Status/ Contracts/Subawards Status</li> </ul>	<ol style="list-style-type: none"> <li>1. Accept Financial Report – <b>Board Action</b></li> <li>2. Awareness of financial health /funding sources/ budgetary needs</li> </ol>
9:05 (20')	Committee Reports: Finance Committee – C. Neumann <ul style="list-style-type: none"> <li>• Audit Report</li> <li>• Capitalization Policy</li> <li>• Resolution #2018-1 SHDHD Contribution to Group Health Insurance</li> <li>• Insurance package quote (General Liability, Professional Liability, D&amp;O) – Ellerbrock Norris</li> </ul> <i>Governance – PHAB domain 12; ES 5; BOH Core Function</i>	<ol style="list-style-type: none"> <li>1. Accept Finance Committee Minutes – <b>Board Action</b></li> <li>2. Approve Capitalization Policy – <b>Board Action</b></li> <li>3. Approve Resolution # 2018-1 – <b>Board Action</b></li> <li>4. Accept Insurance Quote – <b>Board Action</b></li> </ol>
9:25 (5')	Committee Reports: Executive Committee – Chair <ul style="list-style-type: none"> <li>• Executive Director Evaluation</li> </ul>	<ol style="list-style-type: none"> <li>1. Informational</li> </ol>
9:30 (10')	Break (10 min)	Refreshment / Stretch & Move!
9:40 (5')	Resolution #2018-2: Revised Board Meeting Schedule - Chair	<ol style="list-style-type: none"> <li>2. Approve Resolution #2018-2 – <b>Board Action</b></li> </ol>
9:45 (5')	Activate Committees: Nominating, Public Health Awards - Chair	<ol style="list-style-type: none"> <li>3. Nominating Committee and Public Health Awards Committee activated</li> </ol>
9:50 (5')	Accreditation Update – M. Bever <ul style="list-style-type: none"> <li>• Performance Management - CHIP</li> <li>• Accreditation Process status, next steps</li> </ul> <i>(multiple Essential Services; PHAB Domain 11)</i>	<ol style="list-style-type: none"> <li>4. Board learns about SHDHD CHIP performance measures progress</li> <li>5. Board is able to describe Department’s progress along the Accreditation timeline.</li> </ol>
9:55 (5')	Bi Monthly Report on 10 Essential Services from Staff <i>Governance – PHAB Domain 12; All Essential Services</i>	<ol style="list-style-type: none"> <li>1. Board is able to describe activities of the Department</li> <li>2. Accept Bi-Monthly Report – <b>Board Action</b></li> </ol>
10:00 (10')	Communications from Exec. Director <ul style="list-style-type: none"> <li>• Executive Director’s Report Q and A</li> </ul> <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> <li>1. Latest updates on key issues, work plan updates, etc. (Workforce development plan update; follow ups from last Board meeting; report on QI program)</li> </ol>
10:10 (10')	Communications from Board Members - Chair Announcements/Upcoming Events – All (see next page) <i>Governance – PHAB Domain 12</i>	<ol style="list-style-type: none"> <li>1. SALBOH update –J Reimer</li> <li>2. Board members share their community/county public health activities/issues and community or professional meeting briefs and legislative days – All Board Members</li> </ol>
<b>10:30</b>	<b>Adjourn</b>	<b>Board Action</b>

***Next Meeting is the Annual Meeting – March 7, 2018 – it will include Accreditation Site Visit Training and will be followed by Annual Luncheon and Public Health Awards.***

***See Next page for Calendar of Events and Observances.***



## SHDHD Calendar

**Board Members - Please consider attending and/or helping us promote these upcoming events and observances:**

1. [January is Radon Action Month!](#) – Promote radon testing in your communities. Approximately 70% of homes tested in the SHDHD district test high for radon (above the EPA’s action level). Low cost radon test kits are available for \$7.00 at SHDHD and at UNL Extension offices in Clay, Nuckolls and Webster Counties.
2. [Nebraska Legislature](#) – January 1 is the first day of the 105<sup>th</sup> Legislature, Second Session
3. [NACO Legislative Steering Committee meeting](#) – January 26, NACO Office, Lincoln.
4. [Influenza Prevention](#): Get your flu shot and encourage everyone you know to get theirs, too! It is projected to be a bad influenza season – help us promote getting the flu shot, not the flu!
5. [The 100<sup>th</sup> Anniversary of the Great Influenza Pandemic of 2018](#) –
6. *The influenza pandemic of 1918-1919 killed more people than the Great War, known today as World War I (WWI), at somewhere between 20 and 40 million people. It has been cited as the most devastating epidemic in recorded world history. More people died of influenza in a single year than in four-years of the Black Death Bubonic Plague from 1347 to 1351. Known as "Spanish Flu" or "La Grippe" the influenza of 1918-1919 was a global disaster. An estimated 675,000 Americans died of influenza during the pandemic, ten times as many as in the world war. Sometimes call the "Spanish flu", a first wave of this influenza appeared early in the spring of 1918 in Kansas and in military camps throughout the US. (Source: Accessed 12.20.17, <https://virus.stanford.edu/uda/>)*
7. [Diabetes Prevention](#): Ongoing: ‘Smart Moves’ Classes (Evidence-based [Diabetes Prevention Program](#)) – Share the brochure and Refer people who might be eligible! Free informational classes every 2nd Thursday at 5:30 each month at SHDHD and on demand in other counties. SHDHD’s program recently received Recognition status from the CDC!
8. [Falls Prevention](#): Tai Chi and Stepping On classes – find out when the next classes will begin in your county!
9. [Annual Board Meeting](#) – March 7, 2018
10. [Annual Luncheon and Public Health Awards](#) – March 7, 2018?
11. [Vital Signs Health Fair](#) – March 24-25, 2018
12. [National Public Health Week](#) – April 2-8, 2018
13. [Accreditation Site Visit](#) – April 18-19, 2018

**Open Meeting Compliance:**

- Prior to this meeting a notice was posted in the newspapers in Adams, Clay, Nuckolls, and Webster Counties and that each member of the Board received a copy of the proposed agenda. The agenda for this meeting was kept continuously current and was available for public inspection at the South Heartland District Health Department, 606 N. Minnesota Ave, Suite 2, Hastings, Nebraska. This meeting is being held in open session.
- A copy of the Nebraska Open Meeting Law has been posted in this meeting room and is available for the public’s review.

**South Heartland’s Guiding Principles:**

- We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

**Board of Health Principles of Good Faith\*:**

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| <ul style="list-style-type: none"> <li>➤ Regularly attend and actively participate in board of health and committee meetings. If unable to attend, be able to provide a valid excuse for absence.</li> <li>➤ Ensure that time at board of health meetings is set aside for updates on public health problems and what the health department is doing, or needs to do, in regard to such challenges.</li> <li>➤ Have a thorough knowledge of the duties and provisions found in the bylaws and charter of the organization.</li> <li>➤ Involve others in health department functions and funding efforts, special events, and activities to promote and support programs and services.</li> <li>➤ Heed corporate affairs and keep informed of the central activities and operations of programs.</li> </ul> | <ul style="list-style-type: none"> <li>➤ Support majority opinions of the board.</li> <li>➤ Advocate for public health by communicating regularly with community leaders and elected officials about perceived needs and possible resources.</li> <li>➤ Ensure minimum statutory or technical requirements are met regarding filing annual report, withholding employee taxes, etc.</li> <li>➤ Record personal conduct and register dissents in the minutes, or by letter.</li> <li>➤ Avoid any semblance of self-dealing or enrichment; discourage any business transactions between directors and the organization.</li> <li>➤ Accept no pecuniary profits except that which is expressly provided in compensation or reimbursement within the bylaws or laws of the city, county, and state.</li> </ul> |
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\*Board of Health Handbook, page 32

## South Heartland District Health Department Strategic Plan 2013 - 2017

**Vision:** Healthy people in healthy communities

**Mission:** The South Heartland District Health Department is dedicated to preserving and improving the health of residents of Adams, Clay, Nuckolls and Webster counties. We work with local partners to develop and implement a *Community Health Improvement Plan* and to provide other public health services mandated by Nebraska state statutes.

### Guiding Principles:

- ❖ We are committed to the principles of public health and strive to be a credible, collaborative and stable resource in our communities.
- ❖ We seek to perform our duties in a courteous, efficient and effective manner within the limits of sound fiscal responsibility.
- ❖ We work together to create a positive environment, listening carefully and treating everyone with honesty, sensitivity, and respect.

### Goals and Priority Activities:

- 1. Provide leadership implementing the *Community Health Improvement Plan (CHIP)***
  - A. Monitor implementation of the plan and success achieving targeted outcomes, encouraging the use of evidence-based practices and reliable, accurate and timely measures and data
  - B. Work with partners to raise the visibility of the plan in our communities
- 2. Increase community engagement in the work of the South Heartland District Health Department (SHDHD)**
  - A. Identify “hearts/hubs” of small communities (places, events, and community leaders) and engage with them to collect feedback about health needs as well as to promote programs
  - B. Maximize the impact of board meetings by selecting visible community meeting sites, including a “Public Comment” agenda item and personally inviting local leaders to share their perspectives
  - C. Send clear, concise information to elected community officials on important public health legislation/issues at least once a year
- 3. Increase the Board’s capacity to perform core functions of public health governance**
  - A. Assess board members’ strengths, expertise and connections and use them effectively to further the work of the SHDHD
  - B. Provide brief training sessions at the end of three regularly scheduled board meetings and require members to participate in at least two training sessions per year
- 4. Assure sufficient resources to provide services**
  - A. Monitor legislative actions that could reduce Health Care cash fund and changes in funding streams related to the Affordable Care Act and other federal and state mandates
  - B. Continue focus on quality improvement and increasing operational efficiencies while providing staff and board members with the tools and training needed to do their work
  - C. Monitor SHDHD programs and services to identify where changes need to be made (reductions or expansions)
  - D. Assess sustainability when evaluating growth opportunities