

**South Heartland District Health Department  
Community Resource Guide**

(Last updated April 2017)

**Family Planning/ Pregnancy Resources**

Mary Lanning Community Health Center

606 N. Minnesota Ave., Ste. 1  
Hastings, NE 68901  
(402) 461-5265  
- Pregnancy testing

DNA Diagnostic Center

1-800-613-5768

[www.dnacenter.com](http://www.dnacenter.com)

- Legal DNA Paternity Testing
- Home DNA Paternity Testing
- Non-Invasive Prenatal Paternity Testing

Good Beginnings

1050 Washington  
Superior NE 68978  
(402) 879-4432

- Pre-natal to age 5 parenting education
  - Breast feeding education/support
  - Help monitor & care for women with high risk pregnancies
  - Working with expectant parents & families to assist in the preparation for the delivery and the newborn's homecoming.
  - Providing professional child safety seat checks & assisting in making homes safer.
- Servicios disponibles en Español

Mary Lanning Hospital Reproductive Health

606 N. Minnesota Ave. Suite 1  
Hastings, NE 68901  
(402) 461-5265

- Education on family planning, STDs and HIV testing
- Payment plans can be arranged
- Medicaid, insurance plans & Every Woman Matters are accepted.

Healthy Beginnings

715 North St Joseph  
Hastings NE 68901  
(402) 461-5263

- Prenatal and Parenting Education
- Dispensing of contraceptives
- Testing & treatment for STD's, HPV, and more

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### Healthy Mothers Healthy Babies Helpline

1-800-862-1889

- Prenatal Care
- Child Development
- Breast Feeding
- Nutrition & Food Resources
- and much more

### Hope Pregnancy Center

1109 Washington St.

Superior, NE 68978

(402) 879-3616

- Free pregnancy testing
- Confidential counseling
- Material resources
- Emergency clothing program
- Information on pregnancy & alternative solutions
- Community referrals

### Wellspring Pregnancy + Health Center

Formerly known as AAA Pregnancy Resource Center

223 East 14th Street, Suite 202

Hastings, NE 68901

Call us @ (402) 463-7785

Text us @ (402)984-8416

After hours number (800) 712-4357

Email us @ [answers@wellspringhastings.com](mailto:answers@wellspringhastings.com)

- Pregnancy testing free of charge
- Peer Counseling
- STD testing is available
- Assistance in obtaining pre-natal care
- Free ultrasounds (by appointment only)
- and much more