

**South Heartland District Health Department
Community Resource Guide**

(Last updated April 2017)

Family Education

Community Action Partnership of Mid Nebraska

60 N. St. Joseph Ave.
Hastings, NE 68901
(402) 463-7679

Good Beginnings

1050 Washington
Superior NE 68978
(402) 879-4432

- Pre-natal to age 5 parenting education
 - Breast feeding education/support
- Servicios disponibles en Español

Head Start Child and Family Development Program

123 Marian Road
Hastings, NE 68901
(402) 462-4187

- Home visitation service providing:
 - Social and emotional support
 - Counseling therapy
 - Early childhood education
 - Health education
 - Parent education
 - Life skills management
 - Coordination of services
 - Information and referral

Healthy Beginnings

715 North St Joseph
Hastings NE 68901
(402) 461-5263

- Prenatal and Parenting Education

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Wellspring Pregnancy + Health Center

Formerly known as AAA Pregnancy Resource Center

223 East 14th Street, Suite 202

Hastings, NE 68901

Call us @ (402) 463-7785

Text us @ (402)984-8416

After hours number (800) 712-4357

Email us @ answers@wellspringhastings.com

- Pregnancy testing free of charge
- Peer Counseling
- STD testing is available
- Assistance in obtaining pre-natal care
- Free ultrasounds (by appointment only)
- and much more