

**South Heartland District Health Department
Community Resource Guide**

(Last updated March 2015)

Hotlines

Alzheimer's Association Hotline

1-800-621-0379

Cancer Hotline

1-800-422-6237

CONFIDENTIAL Runaway Hotline

1-800-231-6946

Domestic Violence/Abuse Hotline

1-800-799-7233

Drug Abuse Hotline

1-800-602-4357

Drug and Alcohol Abuse Help Line

1-866-643-6144

Eating and Associated Disorders (National Association of Anorexia Nervosa)

1-847-831-3438 (long distance)

Elder Abuse

1-800-252-8966

Girls and Boys Town National Hotline

1-800-448-3000

Good Samaritan Project Teen Teaching AIDS Prevention Program

1-800-234-8336

Healthy Mothers Healthy Babies Hotline (NEDHHS)

1-800-862-1889

Lead Poisoning Prevention Hotline

1-800-424-5323

Mary Lanning Memorial Hospital-Behavioral Health Services Unit

1-402-463-7711

Missing Children's Network

1-800-235-3535

National AIDS Hotline

1-800-342-2437

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National Center for Missing & Exploited Children

1-800-843-5678

National Child Abuse Hotline

1-800-422-4453

National Mental Health Association

1-800-969-6642

- 9 am-5 pm Mon. - Fri.

National Poison Hotline

1-800-222-1222

National Runaway Switchboard

1-800-621-4000

National Youth Crisis Hotline

1-800-448-4663

Nebraska Adult/Child Abuse Hotline

1-800-652-1999

Nebraska Aids Hotline

1-800-782-2437

Nebraska Tobacco Quit line

1-800-QUIT-NOW (1-800-784-8669).

Nineline

1-800-999-9999

- Confidential crisis hotline that operates 365 days a year from 4 pm-8 pm Eastern time.

Parent Hotline

1-800-840-6537

- Dedicated to helping families who are in a crisis situation.

Parenting Abduction Hotline

1-800-292-9688

Pesticide Accident Hotline

1-800-424-9300

Poison Control

1-800-662-9886

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Project Rachael (Post-Abortion Counseling)

1-888-456-4673

Rape/Abuse/Incest National Network

1-800-656-4673

SASA (Sexual Abuse/Sexual Assault) Local Crisis Line

402-463-5810

Sexually Transmitted Disease Hotline

1-800-232-4636

(1-800-CDC-INFO)

Suicide/Crisis Hotline

1-800-273-TALK (8255)