

South Heartland District Health Department Community Resource Guide

(Last updated March 2017)

Hotlines

Alzheimer's Association Hotline

1-800-272-3900

Cancer Support Helpline

1-888-793-9355

CDC-Info (Sexually Transmitted Disease Hotline)

1-800-232-4636

(1-800-CDC-INFO)

- Available 8 am- 5 pm Mon-Fri (Easter time), in English and Spanish.
- Counselors are available to answer questions about personal health issues.

CONFIDENTIAL Runaway Hotline

1-800-231-6946

Domestic Violence/Abuse Hotline

1-800-799-7233

TTY: 1-800-787-3224

- No Fees or judgment and kept confidential

Elder Abuse

1-800-652-1999

Girls and Boys Town National Hotline

1-800-448-3000

Healthy Mothers Healthy Babies Hotline (NEDHHS)

1-800-862-1889

Lead Poisoning Prevention Hotline

1-800-424-5323

Mary Lanning Memorial Hospital-Behavioral Health Services Unit

1-402-463-7711

Mothers Against Methamphetamine

1-866-643-6144

National AIDS Hotline

1-800-232-4636

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National Domestic Violence Hotline

1-800-799-7233

TTY: 1-800-787-3224

National Cancer Institute

1-800-422-6237

National Center for Missing & Exploited Children

1-800-843-5678

National Child Abuse Hotline

1-800-422-4453

National Eating Disorders Hotline

1-800-931-2237

National Mental Health Association

1-800-273-8255 or Text "MHA" to 741741

- 24 hour crisis center

National Runaway Safeline

1-800-786-2929

Nebraska Adult/Child Abuse Hotline

1-800-652-1999 or Local Law Enforcement

Nebraska Aids Hotline

1-800-782-2437

Nebraska Suicide Hotlines

Girls and Boys Town National Hotline

1-800-448-3000

TTY: 1-800-448-1833

- Available 24/7

Nebraska Tobacco Quitline

1-800-QUIT-NOW (1-800-784-8669).

Parent Hotline

1-855-427-2736

- Dedicated to helping families who are in a crisis situation.

Poison Control

1-800-222-1222

Project Rachel (Post-Abortion Counseling)

1-888-456-4673

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Rape/Abuse/Incest National Network

1-800-656-4673

SASA (Sexual Abuse/Sexual Assault) Local Crisis Line

402-463-5810

Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline

1-800-662-4357

Suicide/Crisis Hotline

1-800-273-TALK (8255)

TTY: 1-800-799-4889