

**South Heartland District Health Department
Community Resource Guide**

(Last updated May 2017)

Mental Health Services

Catholic Social Services

229 N. St. Joseph Ave.
Hastings, NE 68901
Phone: 1-800-961-6277
Fax: (402) 489-2046

- Counseling for individuals, group, family/child, marital, post abortion, and crisis pregnancy.

Mary Lanning Memorial Hospital - Behavioral Health Services Unit

715 North St Joseph Avenue
Hastings, NE 68901
Phone: (402) 463-7711

- Inpatient psychiatric treatment for adults; voluntary, evaluation and treatment of acute symptoms of psychiatric disorders.
- Emergency protective custody for those age 19 and over, involuntary; evaluation and treatment of acute symptoms, initiated by law enforcement personnel in Region 3
- Day psychiatric Program, adult partial hospitalization
- Psychiatric home health provides in-home nursing assessment, occupational therapy to assess functional skills, psychology to assist with behavior plans for caregivers, social work to provide in-home psychotherapy

South Central Behavioral Services, Inc.

616 W. 5th St.
PO Box 50
Hastings, NE 68902-0050
Phone: (402) 463-5684
Website: www.scbsne.com

- Mental Health Assessments
- Depression/Anxiety/Mental Illness
- Stress/Anger Management
- Trauma/Abuse
- Parenting and Relationships
- Crisis Response
- Everyone qualifies
- Able to serve you based on your income, expenses and family size at a reduced rate.

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Lanning Center

835 S. Burlington Ave. Ste. 108

Hastings, Ne. 68901

Phone: (402) 463-7711

- Offers 24-hour crisis telephone availability with licensed professionals to assist you.
- Child and adolescent services, including psychological testing, comprehensive evaluations, medication management, family and individual therapy, as well as parent education.
- Neuropsychological testing for adults, adolescents and children.
- Adult services including a comprehensive evaluation medication management, individual and group therapy, as well as psychological testing. Family and couples therapy are also offered.

Region 3 Behavioral Health Service

4009 6th Ave. Ste. 65

PO Box 2555

Kearney, Ne. 68848

(800) 321-4981

- Mental health evaluation and therapy if they have no other means of payment.