

**South Heartland District Health Department  
Community Resource Guide**

(Last updated May 2017)

**Senior Resources**

**Midlands Area Agency on Aging**

Adams County Senior Services

509 South Bellevue  
Hastings, NE 68901  
(402) 463-4439

Web Site: [www.adamscountyseniorservices.org](http://www.adamscountyseniorservices.org)

Clay County Senior Services

205 West Fairfield Street, Suite 1  
Clay Center, NE 68933  
(402) 762-3226

Nuckolls County Senior Services

447 North Central Ave Suite 1  
Superior, NE 68978  
(402) 879-4679

Webster County Senior Services

432 North Elm Street  
Red Cloud, 68970  
(402) 746-3708

- Center Activities, Noon Center Meals, In-Home Services, Transportation, Home Delivered Meals, Telephone Reassurance, Information & Assistance, Outreach, Legal Services, Care Advocacy
- Services listed may not be available in your area. Please call the organization near you for a complete listing.

Medicare

1-800-633-4227

TTY: 1-877-486-2048

- Contact Medicare for specific billing questions about your claims, medical records or expenses.

Department of Health & Human Services Social Security

115 N. Webb Rd. Ste. 1

Grand Island, Ne. 68803

1-877-407-3441 or 308-381-5585

TTY: 308-385-6453

- Apply for Medicare, Retirement Benefits, and much more.