

South Heartland District Health Department Community Resource Guide

(Last updated December 2012)

Family Planning/ Pregnancy Resources

Community Health Center

715 North Kansas Suite 206
Hastings, NE 68901
(402) 461-5265
- Pregnancy testing

DNA Diagnostic Center

1-800-613-5768
www.dnacenter.com
- Private DNA Paternity Testing

Good Beginnings

520 East 10th
Superior NE 68978
(402) 879-3281
- Pre-natal to age 5 parenting education
- Breast feeding education/support

Hastings Family Planning

422 North Hastings Avenue Suite 204
Hastings, NE 68901
(402) 463-5687
www.hastingsfamilyplanning.com
- Education on family planning, STDs and HIV testing

Healthy Beginnings

715 North St Joseph
Hastings NE 68901
(402) 461-5263
- Prenatal and Parenting Education

Healthy Mothers Healthy Babies Helpline

1-800-862-1889
- Prenatal Care
- Child Development
- Breast Feeding
- Nutrition & Food Resources

Hope Pregnancy Center

1109 Washington St.
Superior, NE 68978
(402) 879-3616
- Pregnancy testing, counseling

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AAA Pregnancy Resources Center

223 East 14th Street, Suite 202

Hastings, NE 68901

(402) 463-7785/ (800) 560-0717

- Pregnancy testing free of charge
- Peer Counseling
- Assistance in obtaining pre-natal care
- Free ultrasounds (by appointment only)