

**South Heartland District Health Department
Community Resource Guide**

(Last updated December 2012)

Food Resources

Adams County Senior Services

509 South Bellevue

Hastings, NE 68901

(402) 463-4439/ (402) 463-6971 (Fax)

- Noon center meals and home delivered meals for seniors
- Must make reservations by 2:30 pm the day before the meal.
- Meals can be paid for on a daily basis or meal tickets are available for purchase.

Catholic Social Services

333 W. 2nd St.

Hastings, NE 68901

(402) 463-2112 or 1-888 -826-9629

- Food Pantry
- Daily Sack Lunches
 - Served Monday thru Friday when open
 - Only one lunch per person per day
 - Everyone is eligible, must be present to receive meal

Clay County Food Pantry

204 West Fairfield

Clay Center, NE, 68933

(402) 762-3789 (day) or 762-3465

(402) 262-2219 (evenings)

Clay County Senior Services

205 West Fairfield Street, Suite 1

Clay Center, NE 68933

(402) 762-3226

- Home delivered meals for seniors

Crossroads

702 West 14th Street

Hastings, NE 68901

(402) 462-6460

- Open Table on Sunday night at 5:00 pm. Anyone in the community can come eat free of charge
- Three meals per day offered

Hastings Food Pantry

400 S. Burlington Ave.

Hastings, NE 68901-5056

(402) 463-2911

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Meals on Wheels of Hastings

212 West 3rd Street Suite C

Hastings, NE 68901

(402) 463-5900

- Home delivered meals
- Person must be unable to cook a meal for themselves, be homebound, have a disability, or be a senior, may be a temporary need. Diet orders from doctors can be followed.

Mid NE Food Bank Commodity Supplemental Food Program

422 North Hastings, Suite 203

Hastings, NE 68901

(402) 463-7679

and...

410 North Central

Superior, NE 68978

(402) 879-3715

Website: www.mnca.net

- The Commodity Supplemental Food Program (CSFP) provides nutritious supplemental food to pregnant women, post-partum women and children under the age of six years. CSFP is also available to seniors 60 years of age and older. CSFP does not provide all the food a person needs, just supplemental food with good sources of nutrients which may be lacking in the diets of the participants.

Supplemental Nutrition Assistance Program (SNAP)

Web Site: <http://www.fns.usda.gov/snap/>

- The Federal Program helps low-income people buy food.
- Must apply and be found eligible.
- Benefits are given free of charge to households that meet the program guidelines for income and resources.

Got to accessnebraska.ne.gov to apply for program

Nuckolls County Senior Services

447 N. Central Ave.

Superior, NE 68978

(402) 879-4679

- Noon center meals and home delivered meals for seniors

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Midland Area Agency on Aging

2727 W. 2nd St., Suite 440

Hastings, Ne. 68901

(402) 463-4565/ (800) 955-9714

Email: info@midlandareaagencyonaging.org

- Home delivered meals

Salvation Army

400 South Burlington Avenue

Hastings, NE 68901

(402) 463-0529/ after hours (402) 463-2930

- Food, meals, groceries

Superior Food Pantry

410 North Center

Superior, NE 68978

(402) 879-3715

Webster County Senior Services

432 North Elm Street

Red Cloud

(402) 746-3708

- Noon center meals and home delivered meals for seniors

WIC

422 North Hastings Suite 104

Hastings, NE 68901

(402) 462-9242

Website: www.mnca.net

-For appointments in Webster, Clay, and Nuckolls counties contact the Hastings office

- WIC is a supplemental nutrition education program which provides health referrals, breast feeding promotions, and nutritious free foods to income eligible people. This includes: pregnant, breast feeding or post-partum women, infants and children up to age five.

- Must meet income guidelines