

WHAT IS

HEALTH EQUITY

Health Equity means efforts to ensure that all people have full and equal access to opportunities that enable them to lead healthy lives. To achieve health equity, we must treat everyone equally and eliminate avoidable health inequities and health disparities.

HEALTH DISPARITIES ARE...

differences in health outcomes among groups of people.
Health disparities are affected by...



HEALTH INEQUITIES

...are differences in health that are avoidable, unfair, and unjust. They are a result of social, economic, and environmental conditions.



In Marin, CA there is a 15-year life expectancy difference in just eight miles.



HEALTH BEHAVIORS

...are influenced by health inequities. Smoking, poor nutrition, and lack of exercise are all behaviors that may lead to poor health.



Hispanic adults are less likely to receive advice from a health provider to quit smoking than non-White Hispanic adults.

CAN LEAD TO...



Disease or Injury

Chronic disease or injury are a result of inequities, behaviors, and genetics.

Smokers are 2-4 times more likely to develop heart disease than non-smokers.

Mortality

Health inequities and health disparities affect how long someone will live.

Life expectancy for smokers is at least 10 years shorter than for nonsmokers.



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