South Heartland District Health Department will be moving into a new home in late 2009.

In May 2009, the Board of Health approved moving forward on the purchase of a building and property at 606 N. Minnesota in Hastings. The more than 5,000 square foot space will be renovated to meet the health department's growing needs, including staff offices, a training & conference room to house the Department's videoconferencing equipment and frequent accommodation of community and partner non-profit meetings, private meeting areas for TeleHealth medical or mental health appointments, more storage, areas to house expanded health education and resource library, along with a new clinic area with space for future health screenings, immunizations and other services.

This action by the Board comes after more than a year of study and preparation -- beginning with Board strategic planning, analysis of current space, feasibility and sustainability studies, and searching by staff and Board members for potential properties to lease or purchase.

Formed in 2001 as part of the public health infrastructure funding designated by LB 692 (Nebraska Tobacco Master Settlement Funds), South Heartland began with a single employee - Former Executive Director Joyce Crawford - who, along with the Board, conducted a community needs assessment and developed the skeleton health department with a prime directive of filling in gaps, not duplicating existing services.

Eight years later, the Department has expanded to 10 regular staff positions, and manages a budget of over $1M. Un-supported by any local tax dollars, South Heartland's work is backed in part by LB 692 and LB 1060 funds and in part by federal, state and local grants and contracts. The Department partners with a multitude of community organizations, government agencies, educational institutions, medical and dental professionals, and others to advance public health in Adams, Clay, Nuckolls and Webster counties.

South Heartland's activities include health and wellness education and programming, investigation of communicable diseases, assessment and surveillance of community health indicators, public health emergency planning and response, enforcement of public health laws and regulations and promoting coverage and access to medical, dental, vision, and behavioral health care services.

The South Heartland District Health Department is a combined health district dedicated to preserving and improving the health of the residents of various municipalities and townships within Adams, Clay, Nuckolls, and Webster Counties. Our mission is to provide those services mandated by statutes of the State of Nebraska in a courteous, efficient and effective manner within the limits of sound economic responsibility. Through interaction with other community agencies and leaders, the Board and staff will determine which public health services are needed and how that need may be met and financed. The Board will conduct continuing review of these activities to judge their effectiveness and continued need.
Welcome from the Board President

This is my first year as Board President and I am proud to be a part of the growing success of South Heartland District Health Department.

One of the many activities the Health Department has been involved in this past year has been the development of a new public health improvement plan to guide us in the next 5 years. As South Heartland District Health Department strives to improve the health of the citizens of our four counties, each one of us can take responsibility to do our part to create healthier environments in which we live - including our communities, work places, homes and our bodies. I challenge everyone to look at our public health improvement plan and find a section of one of the six goals to personally work on.

Public Health starts with individuals. Please do your part in making “healthy people in healthy communities.”

Peggy Meyer, LIMHP, Board President

FY 2009 At a Glance from the Executive Director

This year has brought changes, advances and some important focused activities for local public health. Our staff monitored and helped to control a pertussis (whooping cough) outbreak, engaged 5 area schools and 3 employers in wellness planning to help fight obesity, partnered with Central District Health Department and local stakeholders in a 7-county area to help improve access to care by beginning to plan for a community health center, worked with businesses and law enforcement to educate on and plan for implementation of the Nebraska Clean Indoor Air Act, and in coordination with state and federal health officials initiated and maintained a local response to the novel H1N1 influenza virus outbreak. I am proud that SHDHD organized a team of six including three local professionals from across the District, that was accepted with scholarship to the Management Academy of Public Health at the University of North Carolina. The team will be creating a business plan to address access to mental health care in our district. And finally, I am excited to announce that our Department will be moving to our own permanent facility in the fall of 2009. As always, much of what we accomplish is dependent upon our strong partnerships with other local organizations—and we are grateful for their collaboration with us to improve public health. Please read on to learn more about these partnerships and SHDHD’s accomplishments this past year.

Michele Bever, PhD

New Board Members

- Eric Samuelson, Clay County Board of Supervisors
- Merrill Duntz, Clay County Representative
- Ron Kuehner, Webster County Representative
- Leota Rolls, Adams County Representative
A New Public Health Improvement Plan

From assessments to goals & strategies for public health improvement.

South Heartland rolled out a new 5-year public health improvement plan based on the results of two major assessments completed in the previous year. A team consisting of four Board Members, two staff members and 2 community members reviewed the public health needs identified by the assessments and developed six new public health goals:

To promote healthy living through physical activity, nutrition and safety;

To inform area about mental health and wellness and to facilitate access to appropriate services;

To prevent and control oral disease, conditions, and injuries and improve access to related services;

To reduce illness, disability and death caused by lung, breast, prostate and colon cancer;

To reduce the illness, disability and death related to substance abuse;

To reduce the health impact of environmental hazards.

Action plans for each of these goals outline activities for (1) data collection and monitoring the health issue, (2) education and prevention, (3) mobilizing partnerships to tackle the issue while seeking resources to support the collaborative efforts, and (4) utilizing best practices and developing innovative approaches in order to be both effective and good stewards of our resources.

Local Team Accepted to UNC Management Academy for Public Health
Will Develop Plan Addressing Access to Mental Health Services

A team of 6 local professionals was the first team from Nebraska to be accepted to the esteemed University of North Carolina Management Academy for Public Health to learn how to develop a business plan for a local public health project. The SHDHD plan will look at expanding access to mental health services in the South Heartland Health District. The team members are SHDHD Director Michele Bever, PhD; Assistant Director & Grants Manager Cindi McDowell, CFRE; SHDHD Board of Health President Peggy Meyer, LMHP; Region 3 Behavioral Health Services Network Specialist Melinda Farritor, LMHP; Webster County Community Clinic Family Physician Amy Springer, MD; and Brodstone Memorial Hospital CFO Sandy Borden. The team’s 9-month training will be completed in April 2010.

Sun Safety Policy Adopted at Local Pool

As part of a sun safety and skin cancer awareness effort supported by a DHHS Pool Cool grant to South Heartland, Health Educator Desiree Rinne researched model sun safety policies then provided a policy to Hastings Aquacourt Water Park. After the policy was adopted, Rinne provided training on the policy and on sun safety to more than 60 Aquacourt staff. Signage with sunscreen tips, provided by the grant, was posted around the pool.
Public Health Surveillance and Disease Investigation

South Heartland Tracks and Investigates Reportable Diseases

Health Surveillance Coordinator Anita Sullivan monitors reportable diseases using the NEDSS system (National Electronic Disease Surveillance System) and direct reports from providers. During FY2008-2009, SHDHD processed more than 150 disease reports, including reports of hepatitis B, hepatitis C, tuberculosis, campylobacteriosis, salmonellosis, West Nile fever, aseptic meningitis, tularemia, E. coli, rocky mountain spotted fever, strep pneumonia, Lyme disease, pertussis, giardiasis, legionellosis, MRSA bacteremia, Group A streptococcus, mycobacterium, and staph TSS.

Once a report is received, the information is logged in and the patient’s health care provider is contacted to obtain clinical symptoms and history, such as vaccinations. The patient may be interviewed for further information about the illness, including exposure sources. SHDHD staff may conduct an investigation to determine whether additional persons were exposed to the patient while s/he was infectious. Potential contacts are informed that they may have been exposed and given information on what they can do to prevent the disease from developing. Finally, the information obtained through interviews and follow up is entered into the NEDSS system, completing the circle of information exchange between local partners, the state health department, the CDC, and the population we serve.

Assessing Employee and Student Health for Wellness Programs in Businesses and Schools

South Heartland uses LB1060 funds to subscribe to the TRALE Health Risk Assessments (HRAs) in English and in Spanish. We maintain links to these on the Department website for the public to access at their convenience to take their own confidential health risk survey.

This year Community Health Education Coordinator Sandi Stevens used the TRALE HRAs to gather aggregate information on student and staff health indicators for schools that are participating in SHDHD’s Alliance for Healthy Children in Healthy Schools intervention grant. School wellness teams used this aggregate data to develop priority goals for their school wellness action plans.

A separate health risk assessment and blood screening activity is being conducted by Mary Lanning Memorial Hospital with each of the businesses participating in South Heartland’s Wellness for Women at Work MCH grant to provide individual feedback to employees and aggregate results for employers as they develop workplace wellness action plans.

Monitoring for West Nile Virus in our Communities

SHDHD continues seasonal monitoring for West Nile virus (WNV), including dead bird collection for WNV testing and mosquito trapping from 6 sites in Webster County to test for the presence of the virus in the mosquito population.

Beginning in June 2009, SHDHD began a partnership with the City of Hastings Mosquito Control staff to add mosquito surveillance to Adams County. The city staff collects mosquitoes from 7 sites in the Hastings area for submission to DHHS for WNV testing.

Positive tests in both mosquitoes and birds revealed the ongoing presence of WNV in the South Heartland Health District and the need for continued efforts to educate the public on how to protect themselves against the disease.

Also new this year, we added annual summaries of bird and human West Nile Virus data to the SHDHD website so that the public may easily access to this local information.
Local Response to Pandemic H1N1 Influenza Outbreak

On April 26, 2009, SHDHD activated the emergency response plan and local emergency coordination center (LECC) in response to the H1N1 influenza outbreak in the United States and Nebraska.

SHDHD's early H1N1 influenza outbreak response included activation of the risk communication plan: notifying stakeholders and providing guidance, recommendations and/or education (hospitals, clinics, labs, schools, emergency managers, businesses, daycares, elected officials, pandemic planning committees, other partners, and the public through various media and a web-based notification system. Staff prepared H1N1 packets with resources and information for distribution to area businesses through a Hastings Area Chamber of Commerce email blast that included: 1 page Advisory, Business preparedness checklist, Swine Flu and You CDC brochure, Swine Flu Facts in English and Spanish. The marketing/risk communication effort also included publication of a full page ad on H1N1 for the print media, writing scripts for PSA’s on H1N1 virus (3 spots), and magnets with information on where to go for public health information mailed to every household in the health district.

With the H1N1 outbreak, county-level pandemic planning committees were reactivated to review plans and receive updates on recent events. Additionally planning included a focus on communication with vulnerable populations / special populations (older adults, non-English speakers, daycare providers, schools, churches, etc.) as well as health care providers, emergency responders, government officials and others. Notification lists were rapidly updated and reconfigured as needed.

Surveillance Ramped up for H1N1 Outbreak

The 2009 H1N1 Influenza Outbreak provided an opportunity to evaluate South Heartland’s ability to run expanded surveillance activities for an extended period of time. These surveillance activities included more frequent monitoring of school absences due to illness, hospital inpatient influenza-like illness (ILI) inpatient, outpatient ILI, laboratory testing, plus periodic surveillance for other data collection, such as the local retail and hospital pharmacy inventory of antiviral medications and the typical number of seasonal influenza vaccinations administered by various providers in the district. All three hospitals within the health district participate with SHDHD to track influenza-like illness (ILI) admissions, staff illness/shortages due to ILI, and bed capacity each week throughout the influenza season. The reports by our partners at Brodstone Memorial Hospital, Webster County Community Hospital, and Mary Lanning Memorial Hospital allow us to monitor the local course and severity of the influenza season – which ended up extending through the summer with the H1N1 outbreak. This information was valuable for developing & refining pandemic response plans.

Emergency Exercises Provide Practice for Real Events

SHDHD helped to develop and participated in emergency planning and exercises throughout the year focused on disaster behavioral health, pandemic flu, alternate care sites, school violence, interoperable communications, school surveillance for a pandemic, risk communication, mass fatalities, and the Strategic National Stockpile. Planning partners included emergency management, schools, behavioral health, hospitals, Office of Minority Health, law enforcement, Midland Area Agency on Aging, Tri-Cities Medical Response System, and many others.
Healthy Lifestyles

Inform, Educate and Empower!

SHDHD staff visited all 4 counties to share health information with attendees at 13 health fairs or booth events and provided education on SHDHD Public Health Improvement Plan topics such as: Flu Vaccinations, Oral Health, Walking Programs, MRSA, West Nile Virus, Lead Poisoning Prevention, Stress, Nebraska Clean Indoor Air, Tobacco Cessation, Act, Hand Washing/Hand Hygiene, and Cancer Awareness & Screening.

540 Fourth Graders Attend South Heartland’s 4th Annual Kids Fitness and Nutrition Day at Hastings College

Five hundred and forty 4th grade students from 20 area schools came to Hastings College in September 2008 to participate in a day focused on physical fitness and nutrition activities. Our partners (Hastings College, Hastings YMCA, and UNL Extension-Adams County) helped coordinate and provided most of the 110 volunteers for the event activities. At the physical activity stations the students tried out the Fitness Stability Balls, Dead Bug Freeze Tag, Parachute, and many more. At the Nutrition Station, students learned about Label Logic, Hand Washing & Food Safety, Energy Balance, Healthy Snacks, and MyPyramid. In reviewing the day’s activities, one teacher said: “I probably don’t say thanks enough for how much work goes into planning and implementation. It was a fantastic day!”

New in 2008: we used a pre-test/post-test to evaluate student’s knowledge about nutrition and physical activity before and after the event.

“Stop Germs that Hurt, Please Use a Squirt”

SHDHD initiated a hand hygiene education campaign, including distribution of hand sanitizers with a message from the Health Department: “Stop Germs that Hurt, Please use a Squirt.” Public Health Risk Coordinator Jim Morgan visited banks, restaurants, quick shops, government offices and other public places in all 4 counties to deliver the pump hand sanitizers along with a message about the importance of practicing hand hygiene.

Preparing for the Clean Indoor Air Act

On June 1, 2009 the Nebraska Clean Indoor Air Act of 2008 went into effect, requiring indoor workplaces in Nebraska to be smoke-free. South Heartland partnered with Mary Lanning Business Health and the Hastings Area Chamber of Commerce Wellforce Committee to provide education to area businesses. The education campaign included public service announcements and ads, presentations, and door-to-door delivery of information packets to 50 area bars and other businesses.

Scrubby Bear Shows Children How to Wash their Hands

Scrubby Bear gave 32 presentations to nearly 700 elementary and pre-school children about the importance of washing hands and how to stop the spread of germs. Scrubby also made appearances at Creative Kids Day at the Imperial Mall and Dios De Los Ninos - Book Day at the Hastings City Auditorium where 700 more children had the opportunity to meet him and learn about hand washing.
Inform, Educate and Empower!

South Heartland’s Health Educators and other staff reach audiences large and small, old and young; they receive repeat and new requests for presentations and in-services from a wide variety of organizations. In FY 2009, over 1250 people attended 56 audience-specific presentations covering topics such as hand washing, cough etiquette, diabetes, how to meet health goals, My Pyramid, oral health, infection control, nutrition for older adults, lead poisoning, sun safety, skin care, asthma, pandemic flu, H1N1 influenza (with lots of interest in infection control and hand washing), radon, pertussis, STDs, and food- and water-borne illnesses.

Concinando para Mejor Salud, “Cooking for Better Health”

A pilot program, Concinando para Mejor Salud (“Cooking for Better Health”) gave Latina participants an opportunity to learn more about healthy cooking in lessons and practical hands-on experience. Fourteen women completed the classes and received Certificates of Completion from the Nutrition Education Program (UNL Extension Adams County). Participants contributed recipes for a cookbook of nutritious traditional and cultural-based foods. This project was organized by SHDHD, with instruction by UNL Extension Educator Deb Unterseher, kitchen space provided by the Hastings YWCA, and funding from the Office of Minority Health.

Giant Mosquitoes for West Nile Virus Education

South Heartland purchased giant models of the stages of the mosquito life cycle as part of their new education plan for West Nile Virus. The set includes oversized but anatomically accurate representations of egg raft, larva, pupa and adult male and female stages of the mosquito species Culex tarsalis. SHDHD will use the mosquito models for an activity at the biennial Water Jamboree organized by the Little Blue NRD for more 800 5th and 6th grade students in south central Nebraska.

Promoting Community Water Fluoridation & Good Oral Health

Board of Health member Dr. Dave Landgren helped South Heartland staff teach visitors to Kool-Aid Days about the importance of good oral health. Children who blasted the tooth cavities with fluoride (bean bag toss) won prizes like dental floss (grape-flavored to match the Goofy for Grape festival theme).

The Adams County Dental Association provided a display on dental caries and a puppet to demonstrate tooth brushing. SHDHD health educators developed a display with fun tooth facts and information on the benefits of community water fluoridation.
Linking People to Services...

...With a Public Health Outreach Nurse

Whether it’s a missed appointment, follow up for emergency room visits, notification of newly eligible persons on Medicaid and Kids Connection, or just a phone call of inquiry, the people contacted by SHDHD’s Public Health Outreach Nursing Education (P.H.O.N.E.) program benefit from an age-appropriate health assessment. This helps South Heartland identify health care barriers or needs and to connect people with resources to improve their health. Well over 2000 such contacts were made during the last year in South Heartland District. The P.H.O.N.E. program provides information on topics such as immunization schedules, well-child check-ups, importance of lead screening and other diagnostic screening tests, oral health practices, and healthy homes.

...When Dental Emergencies Arise

The Emergency Dental Program connected 40 individuals to dentists for extractions and/or antibiotic prescriptions during FY2008. Janet Staehr is current chair of the program, which was initiated by South Central Partnership in 2006. Eligible individuals cannot have dental insurance or Medicaid, must be at or below 185% Federal Poverty Level and must provide a payment of $10. Twelve local dentists participate in the program and members of South Central Partnership assist with referral and program logistics.

...And Bringing Smiles

The highly successful Sonrisa (“Smile”) program offers evaluative and restorative dental care to children with no insurance. SHDHD partners with local pediatric dentist Dr. Jessica Meeske; Central Community College (CCC-Hastings) oral hygiene students and their coordinator Wanda Cloet, to conduct the evaluation clinics which provide sealants and help to determine each child’s need for further dental care. Children needing additional dental care are scheduled to attend restorative clinics. A partnership with UNMC College of Dentistry enables instructors and dental students to travel to CCC-Hastings to conduct the restorative work, such as crowns and fillings. Four restorative clinics in the fall of 2008 served 76 patients for 248 procedures. Owing to overwhelming need, additional funding was pursued in order to schedule two sealant clinics in January and February, 2009. These clinics provided 244 sealants to 44 patients.

Two clinics in May and June 2009 provided evaluations to 125 children ages 3 through 19 and identified 657 restorative needs, including 95 fillings, 27 stainless steel crowns, and 26 tooth extractions.

...At Voting Sites!

SHDHD was the only Nebraska health department to participate in the 2008 Vote & Vax Campaign - a national effort to increase seasonal influenza vaccination coverage by making it accessible at the polls. Partnering with Brodstone and Mary Lanning Hospitals, we sponsored 1 Vote & Vax site in Superior and 2 in Hastings. SHDHD worked with election officials in Adams and Nuckolls counties before registering the clinic sites with the national Vote & Vax campaign. 56% of participants indicated that they received the vaccination because of convenience while voting.
Working Together to Improve Public Health

...By Planning for a Community Health Center

In partnership with Central District Health Department, SHDHD recruited steering committee members for the South Central Nebraska (7 county) Community Health Center Planning project funded by a planning grant awarded to the Iowa/Nebraska Primary Care Association.

In addition to 3 SHDHD staff and members representing Central District, the steering committee has representation from many key stakeholders in the South Heartland jurisdiction including Mary Lanning Memorial Hospital/Mary Lanning Community Clinic, Brodstone Memorial Hospital, Webster County Community Hospital, Head Start, Hastings Family Planning, Midland Area Agency on Aging, Lockwood and Meeske Pediatric Dentistry, Clay County Health Department and Crossroads Mission.

The committee completed the assessments and collected data, visited other community health centers in Iowa and Nebraska and has reached consensus to move forward on a grant application for a Federally Qualified Health Center (FQHC). Committee members have expressed how gratifying it is to see this initiative progressing after many years of discussion about the need for a FQHC and numerous failed efforts in the past. Some recall initiatives going back fifteen or more years! Others have noted how pleasing it is to find leaders and citizens from the seven county area working so well together – especially given the history among the Grand Island and Hastings communities of not always working collaboratively. It does seem the time is finally right to see this long held dream come to fruition for the citizens of South Central Nebraska.

...By Forming Alliances to Advance School Wellness

South Heartland is partnering with 5 public schools, one each in Webster, Nuckolls, and Clay Counties and 2 in Adams County for South Heartland’s Community Alliance for Healthy Children in Healthy Schools project. The project promotes the development of active school wellness councils with members representing school staff, administration, and students, and also health care providers, parents, and community members. Project coordinator Sandi Stevens assists the school wellness councils in assessing the health of their students and staff as well as the “health” of their school (curriculum, environment, policies, etc.). Wellness councils review the data and develop a school wellness action plan to address their priority goals. SHDHD provides evidence-based resources for implementation of the wellness action plans.

...With Ideas on How to Make Our Drinking Water Safer

SHDHD Executive Director Michele Bever was asked to provide facilitation expertise and to partner with Hastings Utilities, Little Blue/Big Blue NRDs, and The Groundwater Foundation in providing technical assistance to a workgroup addressing the increasing nitrates in the Hastings Wellhead Protection Area. This group is advising Hastings Utilities on ways to reduce groundwater contamination by nitrates in the greater Hastings area. In a series of 3 meetings from February to April, the workgroup identified 4 areas of focus (public education, best management practices, nitrate source inventory, and water use/conservation) and developed specific proposals for each area. These proposals were presented to the Hastings Board of Works in July 2009 and are serving as the basis for grant proposals to support the proposed interventions.
Protecting Public Health by Enforcing Laws

SHDHD to Enforce NCIAA and Meth Clean Up Regulations

SHDHD staff met with Law Enforcement and County Attorneys to inform them of SHDHD’s role in Nebraska Clean Indoor Air Act (NCIAA) enforcement and to agree on procedures for response to complaints. In the first month after the law went into effect on June 1, 2009, SHDHD worked with two establishments in response to complaints filed indicating possible NCIAA violations.

The rules and regulations regarding methamphetamine lab clean up were under review this year and DHHS provided a protocol to follow until the process was completed. SHDHD received one report on a clandestine meth lab bust that could have required assurance on clean up. Staff worked with local law enforcement and determined that no clean up was required in this instance. The process helped us to solidify partnerships and procedures that will be needed to assure meth lab clean up in the future.

Training & Expertise in Public Health

South Heartland Holds Quarterly Training on Infection Control

SHDHD coordinates quarterly meetings of the South Heartland Infection Control Group. RNs, LPNs, APRNs, CMAs, and other health care providers working in school, clinic, long term care, hospital, and public health settings are invited to attend our educational programs on a variety of public health topics. Invited experts provided the following training:

- July, 2008 - "Food and Water Borne Illness" presented by Dennis Leschinsky, Communicable Disease Surveillance Specialist with NE DHHS (21 attendees)
- October, 2008 - "Management of a Community-Wide Pertussis Outbreak" presented by Anita Sullivan, RN, Health Surveillance Coordinator for SHDHD, Ken Zoucha, MD, Local pediatric health care provider, and Tom Safranek, MD, State Epidemiologist for NE DHHS. (33 attendees - 38 live and 15 by telehealth)
- January, 2009 - "The Role of the Laboratory in Infection Control" presented by Chris Page, MT, (ASCP) Director of Laboratory Services for Mary Lanning Memorial Hospital. (19 attendees - 16 live and 3 by telehealth)
- April, 2009 - "Update on Meningitis" plus "Situation Update: Swine Flu (Pandemic 2009, H1N1)" presented by Daniel Brailita, MD, Central Nebraska Infectious Disease Program. (49 attendees - 31 live and 18 by telehealth)

Public Health Internships at South Heartland

South Heartland partners with Hastings College to provide internship opportunities for college students who may be interested in pursuing a career in public health. Terri Studley, a Hastings College Health Promotion major, developed and administered a pre-post test evaluation tool for the 4th Annual Kids Fitness and Nutrition Day and served as a key planning assistant for the event. Amy Hartline developed a Community Resource Guide that lists names and descriptions of the many human services and support services in our four county district with contact information for each service. The resource guide was posted on the SHDHD website for public access. In her Spring 2009 internship with South Heartland, Hastings College pre-nursing student Amy Kroll assisted SHDHD surveillance staff by developing resources (templates for Health Alerts, fact sheets) and putting together reference binders by disease, including Haemophilus influenza B, MRSA, rabies, STDs, and the emerging disease Dengue Fever.

Revenue by Source

- LB 692 /1060: 50%
- Preparedness Contracts: 21%
- P.H.O.N.E Program Contract: 9%
- Assessments / Planning: 9%
- Other Local/State/Federal Grants & Contracts: 4%
- Other Income / Interest: 7%

**Total Revenue $588,003**

Expenditure by Category

- Operations: 67%
- Program: 15%
- Personnel: 16%
- Mini-Grant: 2%

**Total Expenditures $511,345**

TRI-Cities Medical Response System (TRIMRS)

**Revenue**
- SHDHD FY 2008-2009: $300,878
- TRIMRS Contract with DHHS: $274,944
- Partnership Grant: $20,934
- NACCHO Grant: $5,000

**Expenses**
- SHDHD FY 2008-2009: $389,100

A BIG “Thank You!” to former SHDHD staff members who served the Department during portions of FY2009:
- Jessica Warner, Health Educator
- Lyndsey Fabel, Health Educator
- Rosa Guia, Minority Health Education Coordinator
- Melissa Pedroza, Minority Health Educator

Denise Ferguson’s dog Abby plays “Therapy Dog” at the Family Assistance Center Full Scale Exercise in Adams County
NEW ADDRESS: 606 N. Minnesota, Suite 2
Hastings, Nebraska 68901
Phone: 402-462-6211 / 1-877-238-7595
For Public Health Emergencies: 402-469-2543
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Protecting and Improving Health
in Adams, Clay, Nuckolls and Webster Counties

We are on the web at
www.southheartlandhealth.org

Board of Directors

County Officials
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Eric Samuelson          Clay County Supervisor
Michael Combs           Nuckolls County Commissioner
Mary Delka              Webster County Commissioner

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Professional Representatives
Michele Durr, MD
Keri Wulf, DVM
David Landgren, DDS

Officers (Elected January 2009)
President                Peggy Meyer, LIMHP
Vice President           Charles Neumann, DVM
Treasurer                Barbara Sprague

Board Members who completed terms or retired during the 2008-2009 Fiscal Year:
Jan Baird, Clay County
Gene Arnold, Clay County Supervisor
W. Michael Kearney, Adams County
Robert Sheckler, Webster County
We thank you for your years of service!

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